



### Contents

#### P3. Theracare Leg Lifter

Assists users with getting legs into bed only. Ideal for individuals who can adjust themselves once on a mattress and can exit a bed. Suitable for users weighing up to approximately 35 stones (222kg)

#### P4. Theraposture Chair Bed

A unique adaptation of a riser recliner chair that can be power adjusted to provide a flat sleeping surface

#### P5. Theraposture Rotocare

Designed for people who do not live independently and receive carer support. Assisting carers with rotational manual transfers, the Rotocare can reduce the number of carers required, thus limiting expensive care costs. Suitable for users weighing up to approximately 20 stones (127kg)

#### P6-7. Theraposture Rotoflex Range

Delivers profiling, height adjustment and rotation for independent movement in and out of bed. Theraposture provide the widest range of tailormade turning beds.

P8. About Theraposture and Easy steps to independence



With a Theraposture product, individuals can remain independent at home for longer eliminating the need for expensive domiciliary or residential care costs.

# Suitability Guarantee

Theraposture also provides a 14-day Suitability Guarantee with the purpose of giving 100% confidence to all prospective owners and clients so that they are assured of the perfect solution every time. By working with Theraposture, a free of charge home assessment service (subject to access being available) is included with a product demonstration and is a vital part of our process in determining the best solution for the intended user.

### For Healthcare Professionals

Theraposture provides high quality, specialist equipment that is regularly recommended by healthcare professionals. Our team of Assessors work with healthcare professionals to ensure each recommended solution is appropriate, maximises independence and provides positive outcomes both financially and from a well being point of view.



















The Leg Lifter is compatible with most types of bed whether they are non-adjustable or adjustable. It will comfortably lift legs up, over and onto the sleeping surface, requiring very little movement or repositioning. This Theraposture solution is unlike alternative leg lifters that simply lift the

legs beside the bed, which is the key difference that distinguishes the Theracare Leg Lifter from many alternative devices available. The motor is quiet and strong enough to lift severely oedemic (swollen) legs.

It can be specified and fitted to either side of most beds. The height of the Leg Lifter is fully adjustable with straps and a stability bar secures it to the bed. It can be fitted easily and only weighs 12kg.

# Theracare Leg Lifter

The Theracare Leg Lifter from Theraposture has been designed to enable users to safely and easily get their legs into bed. This simple daily task can prove difficult or even impossible for many people who may have lost muscle tone and therefore strength and general mobility.



The Theracare Leg Lifter is compatible with many types of adjustable bed. It can not be used in conjunction with cot sides.



# Chair bed

A unique adaptation of a riser recliner chair that can be power adjusted to provide a flat sleeping surface.

The Chair Bed from Theraposture is ideal for individuals who are unable to sleep in a bed and have resorted to the unhealthy situation of sleeping in a domestic chair.





The Chair Bed is an ergonomically modified dual motor adjustable chair that can provide support whilst sitting, reclining and when in a recumbent position. It has been specifically designed to provide both a comfortable bed and a supportive chair for individuals who live with restricted mobility.

The leg and back rest can be adjusted independently to achieve an infinite range of positions and the mechanism also assists users achieve a standing transfer. This riser action can be essential for safe, stable movement in and out of the chair without the risk of muscle strain or injury.

Following a personal assessment by a trusted Theraposture Assessor, each Chair Bed is tailor-made to meet individual needs. Proven features include:

- A reclining action to an almost flat position unlike a dual motor, meaning there is no lumber support protruding into the user's back when lying down
- Arm rests that drop down to contribute to the sleeping surface and as there are no back rest wings, the user can move freely on the sleeping surface, just as they would in a bed
- Option to specify a Chair Bed that is up to 38" wide wider than a single bed
- A removable topper that is filled with memory foam and covered in a waterproof fabric. This offers pressure-relieving properties and increases comfort levels
- Easy-to-use, 4-button illuminated controller
- Extensive range of fabrics and additional safety systems







# Rotocare® rotational bed

The Theraposture Rotocare bed is an electrically operated, height adjustable and profiling bed with an additional manually controlled rotation that allows a carer to mobilise the user and to get them out of their bed.

The Rotocare is essentially a Rotoflex but without powered turning, which makes it a better price. It is suitable where the user may have permanent assistance and it could be considered as a labour saving manual handling device that also provides independence and dignity to the user.





The Theraposture Rotocare is the proven assistive sleeping solution for individuals and their carers who require support when completing a bed transfer. Through its unique manual rotating action, a single carer can assist a user from a lying to a seated position. This results in reduced care costs and the opportunity for people with mobility issues to remain in the comfort of their own home.

The Rotocare will rotate to either side of the bed and is compatible with most room situations. In addition to the rotation function which is operated by a carer, the Rotocare also has electrically powered profiling and variable height function for

bespoke positioning. This is beneficial to both user and carer in terms of comfort, safety and flexible access.

The Rotocare and its more advanced version, the Rotoflex, can be hand-crafted as either a single or within a double combination bed and is available in a variety of surrounds. As with all Theraposture assistive solutions, its pleasing looks blend seamlessly into any domestic home and the Rotocare is engineered with the highest grade components for market leading reliability.

Rotoflex® powered rotational bed range

The Rotoflex from Theraposture is the original and proven rotating bed system. Uniquely, this sophisticated and proven adjustable bed has been developed over a period of 20 years. It allows people living with restricted mobility to access a bed independently and safely without the assistance of a carer.

Getting legs into bed is a problem for many people – the Rotoflex offers the solution. At the touch of one button, the Rotoflex will move you from an upright seated to a lying position and vice versa. The precision German mechanisms are smooth, quiet and strong so the transfer experience is pleasant and relaxing, you are always in total control.

Theraposture offers the widest choice in rotating beds so that a variety of individual needs can be met. As either a single bed or part of a double bed (dual combination), every Rotoflex is available in a variety of surrounds that will aesthetically suit your home.

The Rotoflex can be set up to rotate to a specific side so that it can be compatible with a variety of room situations. In addition to the powered rotation, the Rotoflex can also independently lift the head and

foot ends of the mattress and offers variable height for easier standing transfers – this also aids carers by raising the bed to a safe working height.

The Theraposture Rotoflex truly delivers independence as it is a real alternative to carer assistance or hoisting. In this situation the bed can pay for itself many times over as the cost of care at home or in a residential setting is so high.













Powered rotation, profiling and height adjustment





#### Rotoflex Chair Bed EF

Cost effective and can be used as a chair and a bed

#### Rotoflex 175 Low

Ideal for smaller users and those requiring a lower seat height

#### Rotoflex 200

The flagship flexible solution for one or two persons

#### Rotoflex 250

The bariatric solution for users weighing up to 200kg

#### Rotoflex 300

The super-bariatric solution for users weighing up to 250kg

#### Rotoflex Repose mattress

As an alternative to the memory foam Rotoflex mattress, Theraposture offers a mattress using the proven Repose pressure relieving topper. This mattress has three layers consisting of two foam sections covered with a wafer thin, inflatable Repose mattress.

#### Rotoflex alternating air mattress

The Rotoflex is also available with an alternating air cell mattress. This mattress has been especially designed and manufactured to be operational even when it is being rotated by the Rotoflex.

Its three-cell inflation cycle is more advanced than other standard air cell mattresses so pressure management and tissue viability is maximised.





#### Buy back scheme

If a Rotoflex is now longer suitable for individual care needs, Theraposture offers the option to buy back the bed at a guaranteed price. Further details are available on request.

#### Refurbished Rotoflex

Fully reconditioned Rotoflex's in immaculate condition are available if personal budgets are too limited to purchase a new model. Each Rotoflex can be supplied with a comprehensive warranty for peace of mind. Contact Theraposture to discuss your personal budget in more detail.

### About Theraposture

Theraposture is a caring and ethical family company incorporated in 1981 with an outstanding reputation within the healthcare industry. Well-respected and regarded as a leading expert in assistive chairs, beds and care cots, Theraposture is a highly pro-active member of the British Healthcare Trades Association (BHTA) and is regularly recommended by leading Healthcare Professionals.

Designed to meet individualised needs, the four hand-crafted assistive sleeping solutions highlighted in this brochure provide a choice in terms of mobility assistance. They have been selected from the extensive, bespoke Theraposture bed range

and deliver a progressive level of functionality from simply lifting legs into bed to complete rotational support to achieve a sitting or lying position.

Our highly experienced Trusted Assessors work with Healthcare Professionals and together identify and understand the needs, wants and risks of all prospective owners.

Our goal is to achieve positive outcomes for all and our detailed assessment procedure ensures that we get things right first time.

My Theraposture Rotoflex bed has been so fantastic, it has changed my life. I can move from a seated to lying position with the aid of the rotating and profiling action of my bed which is superb — I could not live independently at home without it.

Ernie Burton, East London

## Easy steps to independence

#### I. Having a choice

With Theraposture you have real choices in function, size and style to ensure that you get exactly what you need. Before a comprehensive and free home assessment, you can have a detailed initial conversation with an experienced senior member of staff to fully understand how we may help you.

#### 2. Free home assessment

During a visit to your home, one of our qualified Assessors will have the opportunity to fully understand your requirement. This whole assessment process is clinically driven, is free of charge and there is absolutely no obligation to buy.

#### 3. Product recommendation

Theraposture will then provide you with a detailed written quotation for your chosen product. Once we have received your deposit payment, we will start the process of making your product, keeping you informed of the progress as we go. It will be fully tested before it leaves the Theraposture factory.

#### 4. Installation, warranty and after-care

Your bed will be installed in many cases, by the technicians that actually made your bed. They will take as much time as needed to ensure you are fully briefed in the safe use of the product. All Theraposture beds come with a fully inclusive three year warranty. (The Rotoflex warranty is subject to a service schedule).

#### 5. Suitability Guarantee

The 14 day Suitability Guarantee gives 100% confidence to all prospective clients so that they are assured of the perfect solution every time. This ensures that should any issues arise within the first two week of use, Theraposture will either make changes, remake the product to a different specification (to an equivalent value) or refund the cost in full if preferred.\*

\* Terms and conditions apply

Call us to discuss your individual situation with an experienced senior member of staff. They will explain how a Theraposture product can help you continue to sleep safely in your own home.









